

## Victoria L. Webb, Ph.D.

### EDUCATION

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<b>Fellowship</b>	<b>Northport VA Medical Center</b> Emphasis in Health Promotion Disease Prevention and Interprofessional Training in Primary Care	<b>September 2017 - August 2018</b>
<b>Ph.D.</b>	<b>Clinical Psychology, Yale University</b> Research Advisors: Alan Kazdin Ph.D.; Kelly Brownell Ph.D. Dissertation: "Effects of Cause-Related Marketing on Perceptions and Consumption of Food Products" Pre-Doctoral Internship: Rush University Medical Center, Health Psychology track, APA-accredited	<b>May 2017</b>
<b>M.Phil.</b>	<b>Psychology, Yale University</b>	<b>December 2014</b>
<b>M.S.</b>	<b>Psychology, Yale University</b>	<b>December 2013</b>
<b>B.A.</b>	<b>Psychology, The George Washington University</b> Special Honors, Summa cum Laude, Phi Beta Kappa	<b>May 2008</b>

### HONORS AND AWARDS

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Supplemental Funding Award Yale University Department of Psychology	2013
Gary D. Foster Distinguished Service Award University of Pennsylvania Center for Weight and Eating Disorders	2011
Lura Bradfield Foundation Scholarship	2006 - 2008
George Washington University Honors Program	2004 - 2008
Dean's List, George Washington University	2004 - 2008

### CLINICAL EXPERIENCE

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<b>Clinical Psychologist</b> <b>Main Line Therapy &amp; Psychological Services, LLC</b> <b>Wayne, PA</b> Providing highly specialized outpatient psychotherapy for the treatment of eating disorders and weight concerns, including obesity, binge-eating disorder, bulimia nervosa, night-eating syndrome, body image concerns, weight-restored anorexia nervosa, and associated disorders of sleep, mood and anxiety.	<b>September 2021 - Present</b>
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**Outpatient Psychologist**  
**Springfield Psychological**  
**Springfield, PA; Philadelphia, PA**

**April 2019 - July 2021**

Provided outpatient psychotherapy; provided evaluation and intervention to primary care and specialty patients, including mental health and health behavior change interventions as well as bariatric evaluations; collaborated and consulted with medical providers and office staff including physicians and staff within bariatric and weight management specialties.

**Behavioral Health Consultant**  
**Health Federation of Philadelphia**  
**Ambulatory Health Services, Department of Public Health**  
**Philadelphia, PA**

**September 2018 - January 2019**

Served as a member of the primary care provider team in community health clinics, provided brief immediate behavioral health support and intervention to primary care patients of all ages, screened and evaluated patients, referred patients to mental health services when appropriate, provided consultation to other members of the primary care team.

*BHC Director: Joel McIntosh, LCSW*

**Post Doctoral Fellow**  
**Health Promotion Disease Prevention and Interprofessional Training in Primary Care**  
**Northport VA Medical Center**  
**Northport, NY**

**September 2017 - August 2018**

Delivered same-day mental health assessment and treatment, provided consultation to multiple PACT teams, and conducted brief evidence-based interventions (CBT, MI, problem-solving) within Primary Care Mental Health Integration program; led health promotion groups (Smoking Cessation, Wellness Clinic, MOVE Weight Management, CBT for Pain Management, Diabetes Management); completed a performance improvement project to improve health and wellness programming within a PACT team; conducted long-term psychotherapy in the Iraq and Afghanistan Wars Readjustment Program; provided supervision to interns working within the HPDP and PCMH-I programs.

*Director of Training: Joanne Taylor Ph.D.*

**Pre-Doctoral Intern, Health Psychology Track**  
**Rush University Medical Center, Department of Behavioral Sciences**  
**Chicago, IL**

**July 2016 - June 2017**

Completed four 6-month rotations as follows:

Outpatient Psychotherapy/Behavioral Medicine: Evaluated and treated adults presenting to a hospital-affiliated psychology clinic with a variety of psychological and health-related issues; focus areas included: diabetes clinic, obesity management, and women's behavioral health.

*Supervisors: Joyce Corsica Ph.D., Nicole Heath Ph.D., Megan Hood Ph.D., Natalie Stevens Ph.D.*

Geriatric and Rehabilitation Psychology: Evaluated cognitive and psychological functioning in an inpatient rehabilitation hospital, provided time-limited psychological interventions to inpatients (e.g., CBT for anxiety and depression, pain management, adjustment to illness and disability), and participated in twice-weekly interdisciplinary staffing meetings.

*Supervisors:* Jay Behel Ph.D., Jamie Cvengros Ph.D., Erin Emery-Tiburcio Ph.D.

Psychosocial Oncology/Cancer Integrative Medicine: Provided inpatient consultation within Rush Department of Hematology and Oncology, involved evaluation of psychosocial concerns and provision of focused cognitive-behavioral and existential treatments.

*Supervisors:* James Gerhart Ph.D., Catalina Lawson Ph.D., Sarah Thilges Ph.D.

Behavioral Sleep Medicine: Evaluated and treated adult outpatients with sleep-related disorders (including CBT for insomnia, interventions for CPAP adherence).

*Supervisors:* James Wyatt Ph.D., Kelly Baron Ph.D.

**Student Director**

**July 2015 - June 2016**

**Yale Psychology Department Clinic (formerly Yale Center for Anxiety and Mood Disorders)**

**New Haven, CT**

Selected to serve as Student Director, which included: co-supervising student clinicians' diagnostic intake interviews, co-supervising student clinicians providing individual and group therapy, co-leading mindfulness skills groups with a junior clinician, and coordinating community outreach efforts. Simultaneously served as a clinician, which included: maintaining own caseload of individual clients, conducting structured diagnostic intakes.

*Supervisor:* Mary O'Brien Ph.D.

**Research Clinician**

**April 2015 - June 2016**

**Yale School of Medicine Program for Obesity, Weight, and Eating Research**

In the context of a clinical trial designed to treat uncontrolled eating, provided manualized behavioral weight loss and CBT to post-operative bariatric surgery patients. Conducted assessments within other weight loss trials

*Supervisors:* Carlos Grilo Ph.D., Valentina Ivezaj Ph.D., Marney White Ph.D.

**Practicum Student**

**September 2014 - June 2015**

**Yale-New Haven Hospital Behavioral Medicine Service**

Provided individual behavioral weight loss treatment, relapse prevention for substance use, and CBT to pre- and post-liver transplant recipients. Provided brief psychological interventions to patients via consultation-liaison service. Conducted focused neurocognitive assessments with hospital outpatients and psychiatric inpatients. Participated in multidisciplinary clinical team meetings, including Liver Transplant Recipient Review Committee.

*Supervisor:* Dwain Fehon Psy.D.

**Student Clinician**

**August 2012 - August 2014**

**Yale Center for Anxiety and Mood Disorders**

Provided individual CBT to patients with mood, anxiety, and eating disorders. Led CBT group for patients with symptoms of binge eating disorder and bulimia nervosa. Conducted Structured Clinical Interviews for DSM-IV as well as assessments of personality (SCID-II) for patients with primary mood, anxiety, and eating disorders.

*Supervisors:* David Klemanski Psy.D., Marney White Ph.D.

**Student Intake Clinician****January 2012 - August 2012****Yale Center for Anxiety and Mood Disorders**

Conducted structured diagnostic intakes (Structured Clinical Interview for DSM) for patients with primary mood, anxiety, and eating disorders, presented diagnostic impressions in case review meetings, and prepared clinical history reports.

*Supervisors:* David Klemanski Psy.D., Marney White, Ph.D.

**RESEARCH EXPERIENCE**

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**Pre-Doctoral Intern, Eating Behavior, Obesity, and Diabetes Lab****July 2016 - June 2017****Rush University Medical Center, Department of Behavioral Sciences**

Collaborated on research project investigating post-operative behaviors in bariatric surgery patients. Initiated project evaluating social support and surgery disclosure decisions in bariatric patients.

*Advisors:* Joyce Corsica Ph.D., Megan Hood Ph.D.

**Doctoral Student in Clinical Psychology****August 2011 - May 2017****Yale University Department of Psychology**

Completed a series of studies investigating effects of food marketing on individuals' perception and consumption of food products (dissertation). Additional research projects included: experimental study of the effects of negative and positive emotion inductions on food choice, studies evaluating the prevalence and impact of food marketing in supermarkets.

*Advisors:* Alan Kazdin Ph.D. (primary), Kelly Brownell Ph.D., Jennifer Harris Ph.D.

**Clinical Research Coordinator****June 2009 - June 2011****University of Pennsylvania Center for Weight and Eating Disorders**

Research assistant on weight loss treatment trials (including Look AHEAD trial), responsibilities included: interacting with participants and facilitating groups; completing phone screens; managing and analyzing data; assisting with grant preparation, collaborating on literature reviews, publications, and presentations.

*Principal Investigator:* Thomas A. Wadden Ph.D.

**Project Associate****August 2008 - June 2009****Temple University Center for Obesity Research and Education**

Research assistant on school-based type-2 diabetes prevention trial (HEALTHY trial), responsibilities included: delivering intervention to students; supporting teachers in implementation of behavioral intervention; working with school officials to integrate program into school environment.

*Principal Investigator:* Gary D. Foster Ph.D.

## PUBLICATIONS

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### Peer-Reviewed

1. Harris, J. L., **Webb, V. L.**, Sacco, S. J., & Pomeranz, J. L. (2020). Marketing to children in supermarkets: An opportunity for public policy to improve children's diets. *International Journal of Environmental Research and Public Health*, *17*, 1284-1304.
2. Hood, M. M., Kelly, M. C., Feig, E. H., **Webb, V. L.**, Bradley, L. E., & Corsica, J. (2018). Measurement of adherence in bariatric surgery: A systematic review. *Surgery for Obesity and Related Diseases*, *14*, 1192-1201.
3. **Webb, V. L.**, & Wadden, T. A. (2017). Intensive lifestyle intervention for obesity: Principles, practices, and results. *Gastroenterology*, *152*, 1752-1764.
4. Chao, A. M., Wadden, T. A., Faulconbridge, L. F., Sarwer, D. B., **Webb, V. L.**, Shaw, J. A., Thomas, J. G., Hopkins, C. M., Bakizada, Z. M., Alamuddin, N., & Williams, N. N. (2016). Binge eating disorder and the outcome of bariatric surgery in a prospective, observational study: Two year results. *Obesity*, *24*, 2327-2333.
5. Wadden, T. A., **Webb, V. L.**, Moran, C. H., & Bailer, B. A. (2012). Lifestyle modification for obesity: New developments in diet, physical activity, and behavior therapy. *Circulation*, *125*, 1157-1170.
6. Jones-Corneille, L. R., Wadden, T. A., Sarwer, D. B., Faulconbridge, L. F., Fabricatore, A. N., Stack, R. M., Cottrell, F. A., Pulcini, M. E., **Webb, V. L.**, & Williams N. N. (2012). Axis I psychopathology in bariatric surgery candidates with and without binge eating disorder: Results of structured clinical interviews. *Obesity Surgery*, *22*, 389-397.
7. Volger, S., Vetter, M. L., Dougherty, M., Panigrahi, E., Egner, R., **Webb, V. L.**, Thomas, J. G., Sarwer, D. B., & Wadden, T. A. (2012). Patients' preferred terms for describing their excess weight: Discussing obesity in clinical practice. *Obesity*, *20*, 147-150.
8. Butryn, M. L., **Webb, V. L.**, & Wadden, T. A. (2011). Behavioral treatment of obesity. *Psychiatric Clinics of North America*, *34*, 841-859.
9. Wadden, T. A., Faulconbridge, L. F., Jones-Corneille, L. R., Sarwer, D. B., Fabricatore, A. N., Thomas, J. G., Wilson, G. T., Alexander, M. G., Pulcini, M. E., **Webb, V. L.**, & Williams, N. N. (2011). Binge eating disorder and the outcome of bariatric surgery at one year: A prospective, observational study. *Obesity*, *19*, 1220-1228.
10. Vetter, M. L., Faulconbridge, L. F., **Webb, V. L.**, & Wadden, T. A. (2010). Behavioral and pharmacologic therapies for obesity. *Nature Reviews Endocrinology*, *6*, 578-588.

### **In Press**

1. Palladino, J., Frum-Vassallo, D., Taylor, J. D., & **Webb, V. L.** (in press). Primary care mental health integration within a medical home model: Results of a quality improvement project to improve medical residents' understanding and utilization of integrated primary care mental health services. *BMJ Open Quality*.

### **Book Chapters**

1. **Webb, V. L.**, Tsai, A. G., & Wadden, T. A. (2012). Weight-loss programs, commercial and popular diets. In T. F. Cash (Ed.), *Encyclopedia of body image and human appearance*. Academic Press.
2. **Webb, V.L.** & Emery-Tiburcio, E.E. (2018). Patient family education. In J. Kruetzer, J. DeLuca, & B. Caplan (Eds.) *Encyclopedia of Clinical Neuropsychology: A comprehensive major reference work for clinical neuropsychologists, cognitive scientists, and rehabilitation specialists, 2<sup>nd</sup> Ed.* Heidelberg: Springer.
3. **Webb, V.L.** & Emery-Tiburcio, E.E. (2018). Family team conference. In J. Kruetzer, J. DeLuca, & B. Caplan (Eds.) *Encyclopedia of Clinical Neuropsychology: A comprehensive major reference work for clinical neuropsychologists, cognitive scientists, and rehabilitation specialists, 2<sup>nd</sup> Ed.* Heidelberg: Springer.

### **PRESENTATIONS**

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1. **Webb, V. L.**, Devlin, H. C., & Gruber, J. February 2015. Emotional eating? Positive and negative emotions predict unhealthy food choices. Poster presented at the Society for Personality and Social Psychology Annual Meeting, Long Beach, CA.
2. **Webb, V. L.**, Harris, J., Knight, H., & Brownell, K. D. February 2014. Breast cancer cause-related marketing on food packaging: Effects on product attitudes and healthfulness perceptions. Society for Personality and Social Psychology Annual Meeting, Austin, TX.
3. **Webb, V. L.**, Harris, J., & Brownell, K. B. May 2013. The influence of cause-related promotions on attitudes toward food companies. Poster presented at the Association for Psychological Science Annual Meeting, Washington, DC.
4. **Webb, V. L.**, Wadden, T. A., Faulconbridge, L. F., Sarwer, D. B., Pulcini, M., Thomas, J. G., & Williams, N. N. October 2011. Binge eating disorder and the outcome of bariatric surgery: Results at two years. Poster presented at The Obesity Society 2011 Annual Meeting, Orlando, FL.
5. **Webb, V. L.**, & Lambert, S. F. November 2007. Challenges in preventing childhood obesity among urban African American youth. Poster presented at the 2007 National Prevention and Health Promotion Summit, Washington, DC.

## INVITED LECTURES AND TALKS

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“Psychology Interventions to Improve Mammogram Compliance” Northport VA Medical Center Primary Care Rounds	Summer 2018
“Behavioral Weight Loss: Individual and Public Health Approaches” Northport VA Medical Center Psychology Internship Didactic Series	Summer 2018
“Using Motivational Interviewing for Mammograms” Northport VA Medical Center Women’s Wellness Team Meeting	Spring 2018
“Effects of Cause-Related Marketing on Judgments and Consumption of Foods” Rush University Medical Center Behavioral Sciences Grand Rounds	Spring 2017
“Behavioral Weight Loss Treatment in Patients with OSA” Rush University Medical Center Sleep Medicine Grand Rounds	Spring 2017
“Public Policy and Nutrition” Yale University Nutrition and the Brain course	Spring 2016
“The Public Health Approach to Obesity” Southern Connecticut State University Health Psychology course	Spring 2016, 2015, and 2014
“Effects of Cause Related Marketing on Expected Taste” Yale University Department of Psychology	Fall 2015
“Treatment of Specific Phobia” Yale University Introduction to Psychotherapy I (Graduate-level course)	Fall 2014
“Treatment of Obesity” Yale University Psychopharmacology course	Spring 2014
“Positive Emotions and Food Choice” Yale Positive Psychology and Emotion Lab	Fall 2013
“The Prevalence and Influence of Cause-Related Marketing on Food Packages” Yale University Department of Psychology	Spring 2013
“Cause Related Marketing” Yale Rudd Center for Food Policy and Obesity Staff Meeting	Spring 2012

## TEACHING EXPERIENCE

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**Teaching Fellow** **Spring 2016**  
**Diversity, Ethics, Supervision, Consultation, and Professional Practice**  
Yale University, graduate-level (doctoral students in clinical psychology)  
*Instructor:* Mary O'Brien Ph.D.

**Co-Instructor** **Fall 2015**  
**Introduction to Diagnostic Assessment and the SCID-5**  
Yale University, graduate-level (doctoral students in clinical psychology)  
*Instructors:* Victoria Webb and Mary O'Brien Ph.D.  
In collaboration with Mary O'Brien, Ph.D., designed syllabus for course, prepared and delivered lectures, and provided feedback on students' interviewing and report-writing skills.

**Teaching Fellow** **Summer 2015**  
**Autism and Related Disorders**  
Yale University, undergraduate-level, online course  
*Instructors:* Fred Volkmar Ph.D. and Jamie McPartland Ph.D.

**Teaching Fellow** **Spring 2015**  
**Autism and Related Disorders**  
Yale University, undergraduate-level  
*Instructors:* Fred Volkmar Ph.D. and Jamie McPartland Ph.D.

**Teaching Fellow** **Fall 2014**  
**Social and Behavioral Influences in Health**  
Yale University, graduate-level (doctoral- and masters-level public health students)  
*Instructor:* Marney White Ph.D.  
Led weekly discussion sections and lectured on public health approach to obesity

**Teaching Fellow** **Spring 2014**  
**Health Psychology**  
Yale University, undergraduate-level  
*Instructor:* Benjamin Toll Ph.D.  
Lectured on treatment of obesity, patients with cancer, MBSR on, and empathy

**Teaching Fellow** **Fall 2013**  
**Research Methods in Clinical Psychology**  
Yale University, undergraduate-level  
*Instructor:* Alan Kazdin Ph.D.  
Lectured on ethical issues in research and facilitated class research project



**Head Teaching Fellow**  
**Psychology, Biology, and Politics of Food**

**Spring 2013**

Yale University, undergraduate-level

*Instructor:* Kelly Brownell Ph.D.

Lectured on food marketing and coordinated team of nine teaching fellows

**Teaching Fellow**

**Fall 2012**

**Introduction to Psychology**

Yale University, undergraduate-level

*Instructor:* Paul Bloom Ph.D.

**RELATED COMMUNITY OUTREACH**

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**Nutrition Educator**

**February 2009 - April 2010**

**LEAPS (Lacrosse, Education, Attitude, Perseverance, Success)**

Planned and led nutrition lessons and activities for children participating in an afterschool sports program in underserved urban area in Philadelphia, PA.

**Program Coordinator and Volunteer**

**January 2007 - May 2008**

**Project HEALTH FitNut Program**

Designed and administered a nutrition and physical activity curriculum for adolescent girls attending an urban YMCA in Washington, DC, and trained and supervised other volunteers.